David Helm has written an excellent and simple book on the practice of reading the Bible One-To-One. For those who aren’t that keen on reading, he has also created a 4-part online course that covers the same material.

The book is a simple and quick read. Even I did it in one afternoon sitting.

The basic premise of the book is this – All Christians can help bring someone to faith Jesus or maturity in Jesus by reading the Bible with them. This is because it the Holy Spirit who changes people (not you) and the Scriptures were given in order to make people wise to salvation. Our role is merely to facilitate and unleash the power of the Word of God (The Bible) and the Holy Spirit.

The book also includes a guide and questions for covering key passages in the Gospel of Mark over 8 weeks which is great for people investigating Jesus for the first time.

<table>
<thead>
<tr>
<th>Title</th>
<th>One To One Bible Reading</th>
</tr>
</thead>
<tbody>
<tr>
<td>Author</td>
<td>David Helm</td>
</tr>
<tr>
<td>Publisher</td>
<td>Matthias Media</td>
</tr>
<tr>
<td>Pages</td>
<td>75 pages + Appendixes</td>
</tr>
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Buy Printed Book Online
- Also available from Koorong, Word, Amazon etc

Buy eBook Online
- Also through Amazon & Others

The Free Online Video Material – David Helm

David has taught this material in many churches. One the website below, you can download the 4 parts of the sessions run in a church as well as downloadable guides for reading the Bible with others.

[http://www.reading121.org/](http://www.reading121.org/)

[https://www.eastgatebiblechurch.com/discipleship](https://www.eastgatebiblechurch.com/discipleship)
RESOURCES FOR STUDYING ONE OF THE GOSPELS

There are a number of great resources that have been created for the purpose of reading through one of the Gospel accounts with someone who doesn't yet know Jesus. Some of them are pretty short (6-8 sessions) looking at some of the key sections of the Gospel accounts. Others will go through the whole Gospel and take much longer. For someone who is investigating Jesus for the first time, I would highly recommend the following shorter options.

**Discovering The Life of Jesus – Rebecca Manley Pippert**


This is an excellent resource to use. Simply get two copies (one for you and one for the person you’re reading with). The book contains the Biblical text from the NIV as well as questions to raise discussion from each of the six key passages. There is also a free leaders guide available to download at


<table>
<thead>
<tr>
<th>Title</th>
<th>Uncovering The Life of Jesus</th>
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<tbody>
<tr>
<td>Author</td>
<td>Rebecca Manley Pippert</td>
</tr>
<tr>
<td>Publisher</td>
<td>The Good Book Company</td>
</tr>
<tr>
<td>Pages</td>
<td>64 Pages (including Bible Text and Questions)</td>
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<tr>
<td>ISBN</td>
<td>9781910307632</td>
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- Also available from Koorong, Word, Amazon etc

**Discovering The Real Jesus – Rebecca Manley Pippert**

7 Studies in The Gospel of John

This is an excellent resource to use. Simply get two copies (one for you and one for the person you’re reading with). The book contains the Biblical text from the NIV as well as questions to raise discussion from each of the seven key passages. There is also a free leaders guide available to download at

David Helm’s 8 Part Study of Mark’s Gospel

As previously mentioned, you don’t need to spend money to get David’s teaching material or study outlines. All of the material is excellent and freely available at http://www.reading121.org/

On that site you can watch (or download) all of the teaching videos as well as download a PDF of all of the printable discussion guides for different parts of the Bible (including the 8 part study of Mark’s Gospel). The direct link to download the printable guides is.

http://www.reading121.org/media/One-to-One-Reading-Sheets.pdf

The Word: One to One – 38 Studies Through All of John’s Gospel

This also is an excellent resource but may be better suited to someone who has just come to know Jesus or if you have someone who is really thorough in their desire to check out Jesus. The approach here is different. It does not actually have questions. The well presented books simply make a number of significant points with each of the reading.

The books can be purchased (they come in packs of two – one for you and one for your reading partner) or you can view and download them online at

https://www.dropbox.com/sh/95cepq898cjavui/AAAuV51C09xTEGiWeHs4LS3ja?dl=0

Downloading may be helpful for you to look at them, but if you were reading through John with someone, the printed copies would seem a better idea.

The website has a “how” and “why” section explaining how to use the material.

https://www.theword121.com
It is quite an investment to purchase all of the books. That being said, there is nothing more important than a person's spiritual position before God. If however, you were thinking of buying in larger quantities, it may be worth buying direct from the publisher in the UK as they provide generous discounts for larger quantity orders. You can find the books on their website at

https://www.10ofthose.com/products?q=word+one+to+one

<table>
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<tr>
<th>Title</th>
<th>The Word: One to One (Pack #1) – John 1-4</th>
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<tbody>
<tr>
<td>Author</td>
<td>Richard Borgonon, William Taylor, Rico Tice</td>
</tr>
<tr>
<td>Publisher</td>
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<tr>
<td>ISBN</td>
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- https://www.koorong.com/search/product/john-1-4-pack-one-01-in-the/9781909611214.jhtml

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<th>Title</th>
<th>The Word: One to One (Pack #2) – John 5-10</th>
</tr>
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<tbody>
<tr>
<td>Author</td>
<td>Richard Borgonon, William Taylor, Rico Tice</td>
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<tr>
<td>Publisher</td>
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<td>ISBN</td>
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<tr>
<th>Title</th>
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<td>Author</td>
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<tr>
<td>Publisher</td>
<td>10 Publishing</td>
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<tr>
<td>ISBN</td>
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https://www.eastgatebiblechurch.com/discipleship
RESOURCES FOR NEW CHRISTIANS

Once again, there are no lack of great resources for studying the Bible for new Christians. New Testament letters such as Colossians, Philippians and Ephesians are all great starters.

If they’ve come to trust Jesus as a result of going through one of the 6-8 part Gospel studies, it would probably be worthwhile having a look right through one of the Gospels – maybe one you didn’t do parts of. You can just use of the question guides for the Gospels that are part of the free printable guides from David Helm. Even courses such as “Christianity Explored” are wonderful to use even for new Christians.

If you like the idea of more interactive material (videos and Bible studies), the newly updated “Discipleship Explored” would be a good choice.
Title: Just For Starters (Simplified Chinese)
Author: Phillip Jensen & Tony Payne
Publisher: Matthias Media
Pages: 32 Pages
ISBN: 978-1-921441-97-4

Buy Printed Book Online
- Also available from Koorong, Word, etc

Title: Preparing Just For Starters
Author: Tony Payne
Publisher: Matthias Media
Pages: Book + Audio CD’s
ISBN: 978-1-876326-91-3

Buy Printed Book Online
- Also available from Koorong, Word etc

Title: Christian Living For Starters
Author: Gordon Cheng
Publisher: Matthias Media
Pages: 32 Pages
ISBN: 978-1-921068-92-8

Buy Printed Book Online
- Also available from Koorong, Word etc
The books mentioned above are studies for you to do one on one with a new Christian. The resources below are books to be read on their own. When discipling a new Christian, you could decide to read a chapter and meet together and discuss what you liked about the content and any questions they had.

Title: Basic Christianity
Author: John Stott
Publisher: Intervarsity Press
Pages: 192 Pages
ISBN: 1844749088

Buy Printed Book Online
- [https://www.koorong.com/search/product/basic-christianity-john-stott/9781844749089.jhtml](https://www.koorong.com/search/product/basic-christianity-john-stott/9781844749089.jhtml)
- Also available from Word, Amazon etc
<table>
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<tr>
<th>Title</th>
<th>A Fresh Start</th>
<th>Right Side Up</th>
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<tbody>
<tr>
<td>Author</td>
<td>John Chapman</td>
<td>Paul Grimmond</td>
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<td>Publisher</td>
<td>Matthias Media</td>
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<tr>
<td>Pages</td>
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- Also available from Koorong, Word, Amazon etc
- Also available as an audio book

Buy Printed Book Online
- [https://www.koorong.com/search/product/the-walk-stephen-smallman/9781596380936.jhtml](https://www.koorong.com/search/product/the-walk-stephen-smallman/9781596380936.jhtml)
- Also available from Koorong, Word, Amazon etc
I hope these resources have been a help to you. It’s not essential to use any of them but when you’re beginning to do something for the first time, it always helps to have some good resources to point in you in the right direction. As you establish good habits of disciple-making, you may formulate your own ways of doing things that suit your personality and approach best.

This document will be updated over time as other resources become available or I come across other good resources to recommend. To check if you have the latest version, please go to

www.eastgatebiblechurch.com/discipleship-training-school